

safe balloon practices



**Don't
Let it Go!**

Don't release helium balloons outdoors - tie each helium balloon individually to a weight.

**Pin It
&
Bin It!**

Always dispose of balloons responsibly, pop them and put them in the bin.

**Inflate
Safely!**

To remove the risk of injury, always use a balloon pump and **NEVER** inhale helium.

**Supervise
Children**

Uninflated or burst balloons can present a choking hazard - please supervise children under the age of 8.

**Be Latex
Allergy
Aware**

Balloons made of natural rubber latex may cause a reaction in those with latex allergies.

